**Magnerot is a mineral / magnesium product.**

**Uses and active ingredients**

For the prevention of coronary heart disease and myocardial necrosis (heart attack), for use in the treatment of angina pectoris, insofar as such statements due to a magnesium deficiency. Atherosclerosis, angina pectoris, arteritis and arteriolit, lipid metabolism disorders. Substitution of magnesium deficiency in pregnant women.

The active substance is 500 mg magnesium orotate dihydrate corresponding magnesium: 32.8 mg = 1.35 mmol = 2.7 mval. Other ingredients: povidone, highly dispersed silicon dioxide, microcrystalline cellulose, lactose, talc, magnesium stearate, sodium cyclamate, wheat starch, croscarmellose sodium. Without gluten, lactose.

**How to take Magnerot**

In the event that your doctor advises otherwise, the following recommendations apply to the average daily dose:  
Adults to replenish the magnesium stores: 3 x 2 tablets daily for one week; follow dosage: 2-3 tablets daily.  
Elderly. Dosage as adults.  
Children. For children over 6 years: 2-3 tablets daily.  
Pregnant. To compensate for magnesium deficiency: 1 tablet daily.  
Tablets should be chewed or swallowed whole with some liquid before or during a meal. The duration of intake should be at least six weeks.

**Storage.** Do not store at a temperature higher than 25°C/77°F. Keep this medicine out of the sight and reach of children. Do not use this medicine after the expiry date which is stated on the package. The expiry date refers to the last day of that month.

Contents of the pack. White tablets with a breakline. Pack of 50. Taste and hardness of tablets may vary. We would like to note that these changes in taste and hardness did not affect in any way the efficiency and quality of the product.

**Side-effects, precautions and interactions**

**Do not take Magnerot**  
– if you are hypersensitive (allergic) to magnesium orotate or any of the excipients of Magnerot;  
– if you have impaired kidney function or kidney – stone disease (calcium – magnesium – ammonium phosphate lithiasis diathesis).  
Magnesium preparations should not be taken concomitantly with tetracyclines and sodium fluoride because suppress their mutual absorption. Co-administration of iron should be borne in mind that magnesium may impair iron absorption. In this case an interval of 2-3 hours between magnesium and iron preparation.

This medicinal product contains lactose. If you know that you have an intolerance to some sugars should not take magnerot only after consulting your doctor.  
Suitable for patients with celiac disease. Patients with wheat allergy (as opposed to those with celiac disease) should not take this medicine.

*The picture is for illustration only. The packaging can be changed by the manufacturer. All packs include English informational leaflet.*