

**Package leaflet: Information for the user**  
**OTC medicine\***

**Exoderil 10 mg/ml cutaneous solution**  
naftifine hydrochloride

**Read all of this leaflet carefully before you start using this medicine because it contains important information for you.**

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

**What is in this leaflet**

1. What Exoderil is and what it is used for
2. What you need to know before you use Exoderil
3. How to use Exoderil
4. Possible side effects
5. How to store Exoderil
6. Contents of the pack and other information

**1. What Exoderil is and what it is used for**

The active ingredient of Exoderil cutaneous solution is the anti-fungal agent naftifine that acts to eliminate fungi or inhibit their growth and reproduction, depending on the type of the pathogen (fungus).

Exoderil easily penetrates the skin and the therapeutic concentrations of the agent will persist in different layers of skin for an extended period of time.

In addition, Exoderil has an anti-inflammatory effect.

Exoderil cutaneous solution is used to treat fungal infections of the skin caused by dermatophytes and *Candida*, and to treat *Pityriasis versicolor*.

**2. What you need to know before you use Exoderil**

**Do not use Exoderil if**

- if you are allergic to the active substance or any of the other ingredients of this medicine (listed in section 6).

**Warnings and precautions**

Talk to your doctor or pharmacist before using Exoderil.

Only use Exoderil externally.

When using Exoderil cutaneous solution, make sure that the medicine does not get into the eye.

**Exoderil cutaneous solution is for topical (cutaneous) use only. It must not be applied on open wounds. In this case, you should use Exoderil cream, the ingredients of which do not contain ethanol.**

**Other medicines and Exoderil**

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

No interaction studies have been carried out

\*clarification – 10 ml – OTC medicine  
20 ml, 30 ml – prescription medicine

### **Pregnancy, breast-feeding, and fertility**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

#### Fertility

No studies have been carried out on the effect of Exoderil on fertility.

#### Pregnancy and breast-feeding

There is no or very limited experience in using naftifine in pregnant patients. Animal tests show no direct or indirect harmful effect related to reproductive toxicity.

As a precaution, the use of Exoderil should be avoided during pregnancy and breast-feeding.

### **Driving and using machines**

Exoderil is not known to have any influence on the ability to drive or use machines.

### **Exoderil cutaneous solution contains propylene glycol and ethanol**

Exoderil cutaneous solution contains 50 mg propylene glycol and 400 mg of alcohol (ethanol) per ml. Propylene glycol can cause local skin irritation.

Ethanol may cause burns to the affected skin.

Do not use it on open wounds or on large damaged skin (eg burns) without consulting your doctor or pharmacist.

## **3. How to use Exoderil**

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Exoderil cutaneous solution is for topical cutaneous use only.

Exoderil is applied 1 time per day.

Carefully clean and dry the treated area and surrounding areas of skin before the application of the medicine.

Apply a thin layer of Exoderil solution on and around the affected area.

After using Exoderil solution, wash your hands, as otherwise, you may transmit the infection to other areas of your body or to other people.

In order to prevent the recurrence of the disease, treatment should be continued for two weeks after clinical healing.

Symptoms of the disease can start receding after several days. Complete healing of the affected area can take up to 4 weeks.

Keep the affected area clean in order to facilitate healing by occasionally washing the affected area and drying carefully, without rubbing the skin. Even though the treated area can become itchy, try to avoid scratching, as this can cause new damage to the skin or propagate the infection.

If you feel that the effect of Exoderil is too strong or too weak, talk to your doctor or pharmacist.

## **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

The following incidence categories are used for evaluating side effects:

very common ( $\geq 1/10$ ); common ( $\geq 1/100$  to  $< 1/10$ ); uncommon ( $\geq 1/1000$  to  $< 1/100$ ); rare ( $\geq 1/10,000$  to  $< 1/1,000$ ); very rare ( $< 1/10,000$ ); unknown (cannot be estimated from available data)

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### Skin and subcutaneous tissue disorders

Unknown: contact dermatitis (skin rash or irritation at the site of application), erythema (reddening of the skin)

### General disorders and application site reactions

Unknown: dryness, redness and burning sensation

### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via [www.ravimiamet.ee](http://www.ravimiamet.ee). By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store Exoderil**

Keep this medicine out of the sight and reach of children.

Do not store at a temperature higher than 30°C.

After the initial opening, the it can be stored for up to 4 weeks up to 25°C.

Do not use this medicine after the expiry date which is stated on the package after “EXP”. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. Contents of the pack and other information**

### **What Exoderil cutaneous solution contains**

- The active ingredient is naftifine hydrochloride. 1 mL of cutaneous solution contains 10 mg of naftifine hydrochloride.
- The excipients are propylene glycol, ethanol and purified water.

### **What Exoderil cutaneous solution looks like and contents of the pack**

Clear cutaneous solution in a dark glass bottle.

The bottle contains 10 mL of solution.

### **Marketing Authorisation Holder and Manufacturer**

#### Marketing Authorisation Holder

Sandoz GmbH  
Biochemiestrasse 10  
A-6250 Kundl  
Austria

#### Manufacturers

Sandoz GmbH  
Biochemiestrasse 10  
A-6250 Kundl  
Austria

Lek  
Verovškova ulica 57  
SI-1526 Ljubljana  
Slovenia

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For any information about this medicine, please contact the local representative of the Marketing Authorisation Holder:  
Sandoz d.d. Estonian branch  
Pärnu mnt 105  
11312 Tallinn  
Phone: 6652400

**This leaflet was last revised in November 2021.**

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**Package leaflet: Information for the user  
prescription medicine\***

**Exoderil 10 mg/ml cutaneous solution**  
naftifine hydrochloride

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- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
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### **What Exoderil cutaneous solution looks like and contents of the pack**

Clear cutaneous solution in a dark glass bottle.

The bottle contains 20 mL of solution.

### **Marketing Authorisation Holder and Manufacturer**

#### Marketing Authorisation Holder

Sandoz GmbH  
Biochemiestrasse 10  
A-6250 Kundl  
Austria

#### Manufacturers

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