**Essentiale MAX 600 Mg. x 30 Capsules**  
**Description**  
**Essentiale Max** is a plant-based medicine used in cases of liver disease.

**Composition**  
**Active substance:** Soybean Phospholipids containing: (3-sn-phosphatidyl) to 600 mg.  
**Auxiliary substances:** Witepsol W35, soybean oil purified, α-tocopherol, hydrogenated castor oil, hydrogenated fat (Witepsol S55), ethanol 96%, ethylvaniline, 4-methoxyacetophenone  
**Coating:** gelatin, titanium dioxide (E171), iron oxide yellow (E172), iron oxide black (E172), iron oxide red (E172)

**Dosage:**  
This medicine should always be used as described in the package leaflet or as directed by your doctor. If in doubt, ask your doctor or pharmacist.  
**Unless your doctor tells you otherwise, the usual dose is:**  
**Adults and children over the age of 12 years:**1 capsule x 3 times a day.  
Capsules should be taken at meals, without chewing (with a glass of water).  
The length of treatment is not limited.

**Action**  
Reduces liver disease caused by an abnormal diet, toxic effects, hepatitis.

**Indications**  
It reduces the ailments of the patient such as: lack of appetite, pressure on the right upper abdomen due to liver damage due to an abnormal diet, toxic effects or in the course of hepatitis.

**Contraindications**  
Do not use **Essentiale Max** if you are allergic (hypersensitive) to the active substance or to any of the other ingredients of **Essentiale Max**.

**Side effects**  
Due to its soybean oil content, the drug can, in rare cases, cause severe allergic reactions.  
Like any medicine, **Essentiale Max** can cause side effects, although not everybody gets them.  
**Rare (1 to 10 in 1000 patients):** Gastrointestinal disturbances eg nausea, loose stools, abdominal discomfort.  
**Very rare (less than 1 in 10,000 patients):** Hypersensitivity: rash, urticaria.  
**Frequency not known (frequency can not be estimated from the available data):** Skin pruritus.

**Warnings and precautions**  
Keep out of the reach and sight of children.  
Store below 25 ° C  
**Taking other medicines**  
Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

**Taking medicine with food and drinks**  
The capsules should be taken at meals, without chewing (with a glass of water, for example)

**Pregnancy and breastfeeding**  
Please contact your doctor before using this product during pregnancy and breastfeeding.

**Medication in children and adolescents**  
Do not use **Essentiale Max**in children under the age of 12 years.