



Nature Remedies UK, EU & USA. A brand of E-Macro Initiatives
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Nature Remedies Multi Flora Max Complex 30 caps

8 strain acid-resistant probiotic supplement for full-spectrum support



Last updated: 12.01.23

Nature Remedies Multi Flora Max Complex 30 caps

Usage:

Take 1 capsule, 1 to 3 times per day before meals or as advised.
Does not require refrigeration.

Suitable for vegetarians and vegans.

Nature Remedies Multi Flora Max Complex is a practitioner-strength, multi-strain, vegan probiotic supplement with 20 billion friendly bacteria per capsule - equivalent to 40 pots of probiotic yoghurt, but without the added sugar, dairy and fat.

It provides 8 strains of friendly lactic bacteria which should inhabit a healthy gut, and offers full-spectrum support of the upper and lower bowel.

Micro-encapsulated for acid resistance, this probiotic contains human compatible friendly bacteria strains which are bile and acid tolerant with high adherence ability - no need to refrigerate and guaranteed to provide 20 billion live bacteria per capsule for up to 12 months. It has been specifically formulated for natural health practitioners who treat digestive and intestinal disorders. It is ideal for use following antibiotics, travelling abroad and colonic hydrotherapy treatment.

Vegan: These probiotics are suitable for vegetarians and vegans - none of the dairy or fat associated with probiotic yoghurts.

Heat resistant: These probiotics do not require refrigeration, which makes them perfect for travelling.

Acid resistant: These probiotics are micro-encapsulated and can therefore withstand stomach acid, enabling them to reach the colon intact and ready to perform.

High concentration: 20 billion live bacteria per capsule - more than enough to provide support against digestive disorders and to speed up re-colonisation of beneficial bacteria.

Multi-strain formula: A single species probiotic is very unlikely to deliver as many benefits as a multi-strain probiotic, which colonises and acts upon multiple locations in the body

Frequently Asked Questions (FAQs)

Q: When should probiotics be used?

Probiotic supplements are useful when the balance of good and bad bacteria in the bowel has been disrupted. Such an imbalance almost always occurs in the following situations:

- after use of antibiotics
- following illness
- during and after periods of heightened stress
- as we get older (and our digestive enzymes decrease in number)

An imbalance of bowel flora can lead to a number of unpleasant symptoms, such as a bloated stomach, abdominal pains, irregular bowel movements and a feeling of heaviness after eating. Probiotics are recommended for people who wish to ensure or maintain a favourable amount of the friendly bacteria in their digestive tract.

Q: Does Nature Remedies Multi Flora Max Complex need to be refrigerated?

No. This is not necessary because the probiotic bacteria used in this product are specially coated during the manufacturing process to ensure that they remain stable at room temperature. This is important, because

many probiotic products that are kept in the fridge are damaged by the continual opening and closing of the fridge door, which lets in moisture and damages the fragile bacteria.

Q: Why is this multi-strain formula more effective than a single strain product?

A single species probiotic is simply unlikely to deliver as many benefits as a multi-strain probiotic, which colonises and acts upon multiple locations within the body. There are literally hundreds of different species of good bacteria in our digestive system, so a multi-strain formula will work in more areas and also provide better protection against a wider scope of harmful micro-organisms.

Q: Can Nature Remedies Multi Flora Max Complex survive the high acidity of the stomach?

Yes. All of the bacterial strains in this product are micro-encapsulated, which means that they are protected and able to reach their target location in the body in a viable state.

Q: Can Nature Remedies Multi Flora Max Complex capsules be pulled apart and the contents taken in a drink or on food?

Yes, if the food or drink in question is consumed within 12 hours, the probiotics' effectiveness will not be affected.



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