# **Proof of Consent**

This document was generated to show efforts made to comply with privacy legislation. This document will contain the Cookie Policy and the cookie consent settings to proof consent for the time and region specified below. For more information about this document, please go to <a href="https://complianz.io/consent">https://complianz.io/consent</a>.

This Cookie Policy was last updated on January 22, 2023 and applies to citizens and legal permanent residents of the United Kingdom.

### 1. Introduction

Our website, <a href="https://naturemedies.co.uk">https://naturemedies.co.uk</a> (hereinafter: "the website") uses cookies and other related technologies (for convenience all technologies are referred to as "cookies"). Cookies are also placed by third parties we have engaged. In the document below we inform you about the use of cookies on our website.

#### 2. What are cookies?

A cookie is a small simple file that is sent along with pages of this website and stored by your browser on the hard drive of your computer or another device. The information stored therein may be returned to our servers or to the servers of the relevant third parties during a subsequent visit.

# 3. What are scripts?

A script is a piece of program code that is used to make our website function properly and interactively. This code is executed on our server or on your device.

## 4. What is a web beacon?

A web beacon (or a pixel tag) is a small, invisible piece of text or image on a website that is used to monitor traffic on a website. In order to do this, various data about you is stored using web beacons.

## 5. Cookies

#### 5.1 Technical or functional cookies

Some cookies ensure that certain parts of the website work properly and that your user preferences remain known. By placing functional cookies, we make it easier for you to visit our website. This way, you do not need to repeatedly enter the same information when visiting our website and, for example, the items remain in your shopping cart until you have paid. We may place these cookies without your consent.

#### 5.2 Statistics cookies

We use statistics cookies to optimize the website experience for our users. With these statistics cookies we get insights in the usage of our website. We ask your permission to place statistics cookies.

#### 5.3 Marketing/Tracking cookies

Marketing/Tracking cookies are cookies or any other form of local storage, used to create user profiles to display advertising or to track the user on this website or across several websites for similar marketing purposes.

#### 5.4 Social media

On our website, we have included content from %s to promote web pages (e.g. "like", "pin") or share (e.g. "tweet") on social networks like %s. This content is embedded with code derived from %s and places cookies. This content might store and process certain information for personalized advertising.

Please read the privacy statement of these social networks (which can change regularly) to read what they do with your (personal) data which they process using these cookies. The data that is retrieved is anonymized as much as possible. %s is located in the United States.

#### 6. Placed cookies

# Google Fonts Marketing/Tracking Consent to service google-fonts Usage

#### **Sharing data**

For more information, please read the Google Fonts Privacy Statement.

We use Google Fonts for display of webfonts. Read more

## Marketing/Tracking

Name

**Google Fonts API** 

Expiration	
expires immediately	
Function	
Read user IP address	
Google reCAPTCHA	Marketing/Tracking
Consent to service google-recaptcha	Marketing, Tracking
<b>Usage</b> We use Google reCAPTCHA for spam prevention. Read more	
Sharing data  For more information, please read the Google reCAPTCHA Privacy Statement.	
Marketing/Tracking	
Name	
rc::c	
Expiration	
session	
Function	
Read and filter requests from bots	
Name	

<u>rc::b</u>	
Expiration	
session	
Function	
Read and filter requests from bots	
Name	
<u>rc::a</u>	
Expiration	
persistent	
Function	
Read and filter requests from bots	
PayPal	Functional
Consent to service paypal	Tunctional
<b>Usage</b> We use PayPal for payment processing. Read more	
<b>Sharing data</b> For more information, please read the <u>PayPal Privacy Statement</u> .	
Functional	

Name
<u>nsid</u>
Expiration
session
Function
Provide fraud prevention
Name
enforce_policy
Expiration
1 year
Function
Store privacy preferences
Name
<u>tsrce</u>
Expiration
3 days
Function

Name	
<u>ts_c</u>	
Expiration	
3 years	
Function	
Provide fraud prevention	
Name	
paypal_storage	
Expiration	
persistent	
Function	
Store account details	
Facebook	
	Marketing/Tracking, Functional
Consent to service facebook	
<b>Usage</b> We use Facebook for display of recent social posts and/or social s	share buttons. <u>Read more</u>
Sharing data	
For more information, please read the <u>Facebook Privacy Stateme</u>	nt.

Marketing/Tracking
Name
<u>_fbc</u>
Expiration
2 years
Function
Store last visit
Name
fbm*
Expiration
1 year
Function
Store account details
Name
<u>XS</u>
Expiration
3 months
Function

Store a unique session ID
Name
<u>fr</u>
Expiration
3 months
Function
Provide ad delivery or retargeting
Name
<u>act</u>
Expiration
90 days
Function
Store logged in users
Name
<u>_fbp</u>
Expiration
3 months

Function
Store and track visits across websites
Name
<u>datr</u>
Expiration
2 years
Function
Provide fraud prevention
Name
<u>c_user</u>
Expiration
30 days
Function
Store a unique user ID
Name
<u>sb</u>
Expiration
2 years

Function
Store browser details
Name
<u>*_fbm_</u>
Expiration
1 year
Function
Store account details
Functional
Name
<u>wd</u>
Expiration
1 week
Function
Read screen resolution
Name
<u>csm</u>

Expiration	
90 days	
Function	
Provide fraud prevention	
Name	
actppresence	
Expiration	
session	
Function	
Store and track if the browser tab is active	
WhatsApp	Functional
Consent to service whatsapp	ranctional
<b>Usage</b> We use WhatsApp for chat support. Read more	
We use WhatsApp for chat support. Read more  Sharing data	
We use WhatsApp for chat support. Read more  Sharing data For more information, please read the WhatsApp Privacy Statement.	

wa_lang_pref	
Expiration	
6 days	
Function	
Store language settings	
Name	
wa_ul	
Expiration	
session	
Function	
Provide access	
Miscellaneous	Pour and a discussion of the stimulation
Consent to service miscellaneous	Purpose pending investigation
Usage	
Sharing data	
Sharing of data is pending investigation	
Purpose pending investigation	

Name
customer-effort-score-exit-page
Expiration
Function
Name
wc_cart_hash_ee1e3111d8b691330c8025f261575a49
Expiration
Function
Name
pl-shipping-services-table
Expiration
Function
Name
_grecaptcha

Expiration
Function
Name
phantom.contentScript.ethProviderOptions
Expiration
Function
Name
wordpress_test_cookie
Expiration
Function
Name
tk_ai
Expiration

Name cmplz_banner-status  Expiration 365 days  Function  Name wp_lang Expiration  Function  Name _ga Expiration  Function  Function	Function
Expiration 365 days Function  Name wp_lang Expiration  Function  Name Expiration  Function  Same  _ga Expiration	
Expiration 365 days Function  Name wp_lang Expiration  Namega Expiration	Name
Function  Name wp_lang Expiration  Name _ga Expiration	cmplz_banner-status
Function  Name  wp_lang  Expiration  Function  Name  _ga  Expiration	Expiration
Name wp_lang Expiration  Function  Name _ga Expiration	365 days
wp_lang  Expiration  Function  Name _ga  Expiration	Function
wp_lang  Expiration  Function  Name _ga  Expiration	
Expiration  Function  Name  _ga  Expiration	Name
Function  Name  _ga  Expiration	wp_lang
Name _ga Expiration	Expiration
_ga  Expiration	Function
Expiration	Name
	_ga
Function	Expiration
	Function

Name
br_cart_referer
Expiration
Function
Name
wp-settings-1
Expiration
Function
Name
wp-settings-time-1
Expiration
Function
Name
tk_qs

Expiration
Function
Name
woocommerce_items_in_cart
Expiration
Function
Name
woocommerce_cart_hash
Expiration
Function
Name
wordpress_logged_in_c45da8f3a6a948b233d6732d525a7d5d
Expiration

Function						
Name						
wp_woocommerce_session_c45da8f3a6a948b233d6732d525a7d5d						
Expiration						
Function						
Name						
wc_cart_created						
Expiration						
Function						
Name						
wc_fragments_ee1e3111d8b691330c8025f261575a49						
Expiration						
Function						

Name
explat-last-anon-id
Expiration
Function
Name
explat-last-anon-id-retrieval-time
Expiration
Function
Name
wp-settings-2570
Expiration
Function
Name
wp-settings-time-2570

Expiration			
Function			

### 7. Consent

When you visit our website for the first time, we will show you a pop-up with an explanation about cookies. As soon as you click on "Save preferences", you consent to us using the categories of cookies and plug-ins you selected in the pop-up, as described in this Cookie Policy. You can disable the use of cookies via your browser, but please note that our website may no longer work properly.

#### 7.1 Manage your consent settings

# 8. Enabling/disabling and deleting cookies

You can use your internet browser to automatically or manually delete cookies. You can also specify that certain cookies may not be placed. Another option is to change the settings of your internet browser so that you receive a message each time a cookie is placed. For more information about these options, please refer to the instructions in the Help section of your browser.

Please note that our website may not work properly if all cookies are disabled. If you do delete the cookies in your browser, they will be placed again after your consent when you visit our website again.

## 9. Your rights with respect to personal data

You have the following rights with respect to your personal data:

- You have the right to know why your personal data is needed, what will happen to it, and how long it will be retained for.
- Right of access: You have the right to access your personal data that is known to us.
- Right to rectification: you have the right to supplement, correct, have deleted or blocked your personal data whenever you wish.
- If you give us your consent to process your data, you have the right to revoke that consent and to have your personal data deleted.
- Right to transfer your data: you have the right to request all your personal data from the controller and transfer it in its entirety to another controller.
- Right to object: you may object to the processing of your data. We comply with this, unless there are justified grounds for processing.

To exercise these rights, please contact us. Please refer to the contact details at the bottom of this Cookie Policy. If you have a complaint about how we handle your data, we would like to hear from you, but you also have the right to submit a complaint to the supervisory authority (the Information Commissioner's Office (ICO)).

## 10. Contact details

For questions and/or comments about our Cookie Policy and this statement, please contact us by using the following contact details:

E-Macro InitiativesSuite no. G02, Kingsley House, 37-46 Balmoral Road, Gillingham, Kent ME7 4NTUnited KingdomWebsite: <a href="https://naturemedies.co.uk">https://naturemedies.co.uk</a>Email: stancubog81@gmail.comPhone number: 07438135503

This Cookie Policy was synchronised with cookiedatabase.org on April 13, 2023.

# **Cookie consent settings**

- prefix => cmplz
- user banner id => 1
- block ajax content =>
- do not track enabled => 1
- consenttype => optin
- region => uk
- geoip =>
- dismiss timeout =>
- disable cookiebanner =>
- soft cookiewall =>
- dismiss on scroll =>
- cookie expiry => 365
- locale => lang=en&locale=en GB
- categories => statistics, marketing
- tcf active =>
- aria label => Click to accept {category} cookies and enable this content
- forceEnableStats =>
- preview =>
- clean cookies =>
- id => 1
- header => Manage Cookie Consent,1
- accept optin => Accept
- accept optout => Accept,1
- manage\_consent => Manage consent
- manage\_options => View preferences

- save\_settings => Save preferences
- dismiss => Deny,1
- message\_optout => To provide the best experiences, we use technologies like cookies to store and/or access device information. Consenting to these technologies will allow us to process data such as browsing behaviour or unique IDs on this site. Not consenting or withdrawing consent, may adversely affect certain features and functions.
- message\_optin => To provide the best experiences, we use technologies like cookies to store and/or access device information. Consenting to these technologies will allow us to process data such as browsing behaviour or unique IDs on this site. Not consenting or withdrawing consent, may adversely affect certain features and functions.
- category functional => Functional
- category\_preferences => Preferences,1
- category statistics => Statistics,1
- functional\_text => The technical storage or access is strictly necessary for the legitimate
  purpose of enabling the use of a specific service explicitly requested by the subscriber or
  user, or for the sole purpose of carrying out the transmission of a communication over an
  electronic communications network.,1
- statistics\_text => The technical storage or access that is used exclusively for statistical purposes.,1
- statistics\_text\_anonymous => The technical storage or access that is used exclusively for anonymous statistical purposes. Without a subpoena, voluntary compliance on the part of your Internet Service Provider, or additional records from a third party, information stored or retrieved for this purpose alone cannot usually be used to identify you.,1
- preferences\_text => The technical storage or access is necessary for the legitimate purpose of storing preferences that are not requested by the subscriber or user.,1
- marketing\_text => The technical storage or access is required to create user profiles to send advertising, or to track the user on a website or across several websites for similar marketing purposes.,1
- category marketing => Marketing,1
- manage consent options => hover-hide-mobile
- use\_categories => view-preferences
- privacy\_link\_us => #